



Active & Social – Terms & Conditions

Program Overview

Active & Social is an inclusive movement and social program delivered by Lords Recreation Centre for adults living with disability. The program focuses on participation, wellbeing, and social connection in a safe and supportive environment.

Eligibility

- Active & Social is open to adults aged 18 years and over living with disability.
- Participants must be able to engage safely in a group setting, with or without support.
- Lords Recreation Centre reserves the right to decline or discontinue participation if the program is not suitable for an individual's needs or if safety is compromised.

Participation Requirements

- All participants must complete a **PAR-Q and waiver prior to participating**, which will be completed on arrival at the session.
- Participation cannot commence until all required forms are completed.

Fees & Payments

- The program fee is **\$12 per participant per session**, unless otherwise advertised.
- Support workers or companions may attend **free of charge** and do not count toward participant capacity.
- Fees must be paid in full **prior to or at the commencement of the session**.
- **No refunds will be issued once a session has commenced**, including for partial attendance or non-attendance.

Support Workers & Companions

- Support workers are encouraged to attend where required to assist the participant.
- Support workers remain responsible for the care and support of the participant at all times.
- Support workers are expected to actively support participation and follow staff instructions.

Health & Safety

- Participants must disclose any medical conditions, injuries, or support requirements prior to participation.
- Activities are adapted to suit a range of abilities; however, participation is at the individual's own risk.
- All participants and support workers must follow staff instructions and safety guidelines at all times.

Behaviour Expectations

- All participants and support workers are expected to behave respectfully toward staff and other participants.
- Aggressive, unsafe, or disruptive behaviour may result in removal from the session or program without refund.
- Lords Recreation Centre is committed to providing a safe, inclusive, and respectful environment for all.

Photography & Media

- Photographs or videos may be taken for promotional purposes where consent has been provided.
- Participants who do not consent to photography must advise staff prior to the session commencing.

Program Changes

- Lords Recreation Centre reserves the right to amend program content, facilitators, or scheduling as required to ensure safe and effective delivery.